

PRELIMINARY SCHEDULE

June 17, 2016 (Friday)

- 3:00** Welcome from Faculty
3:45 Reading by Nellie Hermann
Small Group Seminar: writing exercise
Adjournment
Reception and Joint Dinner

June 18, 2016 (Saturday)

- 9:00** Plenary Address: "After Empathy: Film in the Clinical Context" by Maura Spiegel
10:15 Refreshment break
10:30 Small Group Seminars: Close Reading: Training for attentive listening
12:30 Lunch
2:00 Plenary Address: "Writing in the Clinical Context and Beyond" by Nellie Hermann
3:15 Refreshment break
3:30 Small Group Seminars: Narrative Writing from practice: enlarging the clinical fund of knowledge through representation
5:00 adjournment

June 19, 2016 (Sunday)

- 9:00** "Narrative Ethics: New Clinical Approaches" by Craig Irvine
10:15 Refreshment Break
10:30 Small Group Seminars: Interviewing: How to elicit the full stories of illness
12:30 Lunch
1:30 Plenary Address: "Bearing Witness to Yourself" by Deepu Gowda
3:00 Small group seminars: The Skills of Bearing Witness
5:00 Adjournment

CONDITIONS

The workshop is organized by the Center of Continuing Education at Johannes Gutenberg University Mainz. It is based on the long-standing cooperation between the Transnational American Studies Institute at Mainz and Columbia University in New York City. The workshop will take place on the main campus of JGU and will be held in English.

We invite interested professionals and scholars with a background in medicine, health care or the humanities. Participants must be proficient in English.

The workshop is limited to 32 participants.
The deadline for registration is May 13, 2016.

- The total costs of 490,- Euro include
- teaching equivalent of 2 ECTS
 - accreditation for continuing medical education
 - JGU certificate after successful completion
 - catering during lunch and coffee breaks

Registration and recommendations for accommodation via the following link:
www.zww.uni-mainz.de/NarMed.php
Phone: +49 6131/39-24118

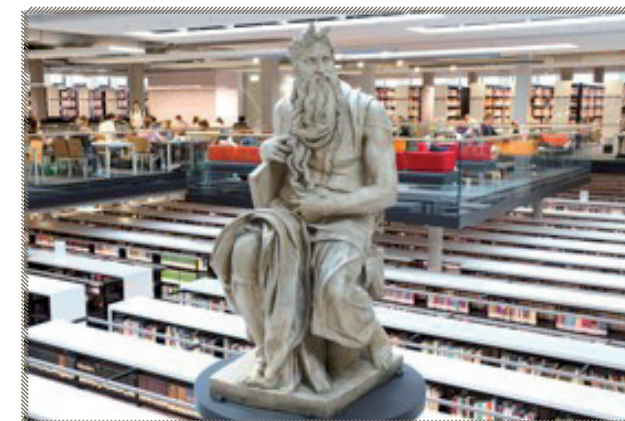
More information on narrative medicine via Prof. Dr. Alfred Hornung (hornung@uni-mainz.de) or Dr. Anita Wohlmann (wohlmann@uni-mainz.de)
Transnational American Studies Institute
Johannes Gutenberg-Universität Mainz
Jakob-Welder-Weg 18
55128 Mainz
www.grk.lifesciences-lifewriting.uni-mainz.de



Die Veranstaltung ist zur Zertifizierung bei der Ärztekammer angemeldet.

LEGAL NOTICE

JOHANNES GUTENBERG-UNIVERSITÄT MAINZ
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Tel.: +49 6131 39-24118
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A 3-day workshop with core faculty from the Program in Narrative Medicine at Columbia University, New York City

JOHANNES GUTENBERG
UNIVERSITÄT MAINZ



WHAT IS NARRATIVE MEDICINE?

The effective care of the sick requires singular knowledge of the patient, competence and commitment of the physician, and a sturdy bond of trust between the two. Despite the many sociocultural and professional factors that can divide doctors and patients and the impact of political and economic pressures on health care as a whole, effective medical practice needs to replace hurried and impersonal care with careful listening and attention. Narrative medicine is one cost-effective and evidence-based method to equip health care professionals with the skills needed to respond to the challenge. By fortifying clinical practice with the ability to recognize, absorb, interpret, and be moved by stories of illness, narrative training enables practitioners to comprehend patients' experiences and understand what they themselves undergo as clinicians.

"Power remains in the basics of attentive listening, close reading and reflexive writing. The Narrative Medicine Workshop offers an exceptional opportunity to learn and practice these tools with intensity, guidance and expertise. This is a unique setting that will engage you in a multidimensional learning process. During the workshops you will closely examine the interweave between illness, the personal lives of patients and the interplay of your role. Narrative medicine offers the opportunity for telling and witnessing that reveals the psychological, emotional, sociocultural and political context to expose the deepest roots of illness – this enables medicine with tools to heal if not cure."

*Katherine Ellington,
Narrative Medicine workshop participant*

WORKSHOP DESCRIPTION

This intensive weekend workshop, reserved for thirty-two participants, offers rigorous skill-building in narrative competence. Participants will learn effective techniques for attentive listening, adopting others' perspectives, accurate representation and reflective reasoning.


Small group seminars offer first-hand experience in close-reading, reflective writing, and autobiographical exercises. Participants will receive a packet of readings prior to the weekend that will include seminar articles in the field of narrative medicine by leading educators. The target audience is health care professionals and scholars interested in narrative medicine.

OBJECTIVES

- Participants will
- develop narrative competence to nourish effective patient-clinician relationships
 - learn narrative communication strategies for patient-centered and life-framed practice
 - build habits of reflective practice that nurture clinical communities
 - acquire pedagogic skills to teach methods of narrative medicine
 - replace isolation with affiliation, cultivate enduring collegial alliances, and reveal meaning in clinical practice

FACULTY


Deepthiman Gowda, MD, MPH, is an a general internist and an Associate Professor of Medicine at Columbia University's College of Physicians and Surgeons. He is the Director of Clinical Practice for the Program in Narrative Medicine and the Director of the Foundations of Clinical Medicine, which teaches Columbia's students the medical interview, physical exam, and clinical reasoning. Through a grant from the Macy Foundation he is investigating the impact of introducing narrative medicine methods in a primary care medical clinic.



Nellie Hermann, MFA, is Creative Director of the Program in Narrative Medicine at Columbia University. She is a graduate of Brown University and the M.F.A. program at Columbia University. Her first novel, *The Cure for Grief*(2008), received national acclaim. Over the last eight years she has taught fiction and narrative medicine to medical students, graduate students, and clinicians of all sorts. Her second novel, *The Season of Migration* (2015) was a *New York Times* Editor's Choice.



Craig Irvine, Ph.D., Director of the Masters Program in Narrative Medicine, Director of Education of the Program in Narrative Medicine. Dr. Irvine holds a Ph.D. in Philosophy. For more than 15 years, he has been designing and teaching cultural competency, ethics, Narrative Medicine, and Humanities and Medicine curricula for residents, medical students, physicians, nurses, social workers, chaplains, dentists, and other health professionals.



Maura Spiegel, Ph.D., teaches literature and film at Columbia University and Barnard College. She is the associate director of the Program in Narrative Medicine at Columbia College of Physicians and Surgeons, where she also teaches a film course. With Rita Charon, MD, Ph.D., she edited the journal *Literature and Medicine* for seven years. She is co-author of the forthcoming *Narrative Medicine: Principles and Practice* (Oxford UP).

